

**Advanced Diploma of Meaning Centred Therapy
(Logotherapy) Studies**

Australian Standards Quality Authority Accredited Course **10615NAT**

Unit 1

Analyse Logotherapy in Therapeutic Practice



Advanced Diploma in Logotherapy

Introduction to course materials.

The advanced diploma consists of four units:

1. **Analyse Logotherapy in therapeutic practice**
2. Use Logotherapy as a psychotherapeutic tool
3. Develop Logotherapy encounters
4. Use Logotherapy with mental disorders

The first Unit is a prerequisite for all of the others and students are required to complete this Unit successfully before progressing to the remainder of the Units in the Advanced Diploma. Students would then usually follow the Units in sequence. Unit four can only be done after the completion of the first three Units.

The Units can be studied in an online environment or in face to face mode or via blended delivery webinars.

Scheduling Your Course

In face to face and blended delivery modes your classes will be scheduled at convenient times in consultation with your facilitator.

On-Line study

In an online mode the first Unit must be completed within a six month time frame and other courses within twelve months for each course.

Students have the option of completing courses in a shorter time than the maximum allowed.

Students may apply to extend the maximum time. Should you need to extend these times for a good reason (e.g. illness or family bereavement) that has significantly interrupted your study during the period of enrolment in the course, you will need approval from your supervisor.



Learning materials

The materials for each Unit consist of the following:

- **Text book.** Each Unit has a set text. You must obtain a copy of the text before you begin the course. For Units 1 and 2 a hard copy of the text is sent by post. For Units 3 and 4 students purchase their own text online as either a hard copy or an eBook.
- **Course notes.** For each Unit these are organised into a number of Sections (normally four or more). The sections are sequential. That is, you should not proceed to the second section until you have completed the first, including all of the worksheets and any assessment items.
- **Worksheets.** Within each section of work there will be one or more worksheets to complete. The worksheets are intended to help you to better understand the material and are **not assessable**. Students doing the course on-line must complete and submit all worksheets. If you are doing the course in a class group your facilitator will advise you which ones need to be completed in your own time. Many of them will form the basis for class discussion during the course.
- **Video material.** Some video material is supplied with many of the units. This video material can be accessed online as you work through the units. The material will be shown in class for face to face delivery.
- **Assessment items.** Each unit is completed by fulfilling the assessment tasks. Sometimes this will be a reflective writing task, at other times a quiz and sometimes a more formal written response will be sought. A written response should show clear evidence that you have read and understood the material and that you have accessed the readings.



- **Referencing style.** It is very important that your work is referenced properly. Some notes on APA referencing style appear below. Please refer to them before you begin any written assessment items.
- **Assessment Criteria.** The criteria for assessment are outlined in those assessment items that require a written response. You should refer to them whenever completing any of the assessment items. Note that all of your assessments **must** be uploaded to the Learning Management system (LMS) online. This is so for all students in any mode of course delivery. Within the LMS you are graded as satisfactory (and awarded a grade of “100”, or given the chance to resubmit. You do not have to be perfect, but you do need to demonstrate you have mastered the material in order to be assessed as “100”.

Unit 1 Overview: Analyse Logotherapy in therapeutic practice

Section 1	Overview
Section 2	Basic Concepts
Section 3	The Human Spirit
Section 4	Finding Meaning in Unavoidable Suffering
Section 5	Introduction to Techniques

Best wishes as you begin your journey into logotherapy. Further information on referencing styles and assessment criteria are given on the following pages and it is important to read through this before attempting any of the assessment tasks.



Unit 2

Use Logotherapy as a Psychotherapeutic tool

Unit 2 Overview: Use Logotherapy as a Psychotherapeutic tool

- Section 1 Overview of the development of Psychology
- Section 2 The philosophy of Existential Analysis.
- Section 3 Discovering meaning in daily living
- Section 4 Some logotherapy techniques
- Section 5 Some logotherapeutic situations



Unit 3

Develop Logotherapy encounters

Unit 3 Overview: Develop Logotherapy encounters

- Unit 1 The steps of a logotherapy intervention
- Unit 2 Revising and extending techniques
- Unit 3 Motivation, values and attitudinal change
- Unit 4 Specific applications of logotherapy
- Unit 5 Structured experiences



Unit 4

Use Logotherapy with mental disorders

Unit 4 Overview: Use Logotherapy with mental disorders

- Section 1 Frankl's Classification System**
- Section 2 Logotherapy and pre-diagnosed conditions**
- Section 3 Noogenic Neuroses and the Collective Neurosis**

