

**Advanced Diploma of Meaning Centred Therapy
(Logotherapy)**

Australian Standards Quality Authority Accredited Course 30998QLD

Course Overview



Advanced Diploma of Logotherapy

Introduction to course materials.

The advanced diploma consists of four modules;

1. An introduction to Logotherapy
2. Logotherapy and the human condition
3. Techniques of Logotherapy
4. Logotherapy and mental health

The first module is a prerequisite for all of the others and students are required to complete this module successfully before progressing to the remainder of the modules in the advanced diploma. Students would then usually follow the modules in sequence. Module four can only be done after the completion of the first three modules.

The modules can be done in an online environment or in face to face mode.

Next steps:

Graduates from the Australian Advanced Diploma of Logotherapy can become Academic Associates of the Viktor Frankl Institute. There is an annual subscription for membership of the Institute.

Graduates may also apply to complete the Diplomate from the Viktor Frankl Institute.

- Diplomate Educator. The Diplomate Educator requires completion of an agreed dissertation on a topic in Logotherapy.

OR

- Diplomate Clinician. The Diplomate Clinician requires appointment of a clinical supervisor and completion of 25 hours of supervision covering 50 hours of clinical work in Logotherapy and completion of an agreed dissertation on a topic in Logotherapy.



Advanced Diploma of Logotherapy

Course Overview:

Module 1 Introduction to Logotherapy

- Unit 1 Overview
- Unit 2 Basic Concepts
- Unit 3 The Human Spirit
- Unit 4 Finding Meaning in Unavoidable Suffering
- Unit 5 Introduction to Techniques

Module 2: Logotherapy and The Human Condition

- Unit 1 Overview of the development of Psychology
- Unit 2 The philosophy of Existential Analysis.
- Unit 3 Discovering meaning in daily living
- Unit 4 Some logotherapy techniques
- Unit 5 Some logotherapeutic situations



Module 3: Techniques of Logotherapy

- Unit 1 The steps of a logotherapy intervention**
- Unit 2 Revising and extending thecniques**
- Unit 3 Motivation, values and attitudinal change**
- Unit 4 Specific applications of logotherapy**
- Unit 5 Structured experiences**

Module 4: Logotherapy and Mental Health

- Unit 1 The DSM IV/V, ICD 10 and Frankl's Classification of Disorders**
- Unit 2 Logotherapy and pre-diagnosed conditions**
- Unit 3 Logotherapy and Noogenic Neuroses**



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Scheduling Your Course

In face to face mode your classes will be scheduled at convenient times in consultation with your facilitator.

On-Line study

In an online mode the Introductory Course must be completed within a six month time frame and other courses within twelve months for each course.

Students have the option of completing courses in a shorter time than the maximum allowed.

Students may apply to extend the maximum time. Should you need to extend these times for a good reason (e.g. illness or family bereavement) that has significantly interrupted your study during the period of enrolment in the course, you will need approval from your supervisor. **Your login password will automatically expire after the maximum time for completion unless an extension has been granted.**



Learning materials

The materials for each module consist of the following:

- **Text book.** Each Module has a set text. You must obtain a copy of the text before you begin the course.
- **Course notes.** For each module these are organised into a number of units (normally four or more). The units are sequential. That is, you should not proceed to the second unit until you have completed the first, including all of the worksheets and any assessment items.
- **Worksheets.** Within each unit of work there will be one or more worksheets to complete. The worksheets are intended to help you to better understand the material and are **not assessable**. Students doing the course on-line must complete and submit all worksheets. If you are doing the course in a class group your facilitator will advise you which ones need to be completed in your own time. Many of them will form the basis for class discussion during the course.
- **Video material.** Some video material is supplied with many of the modules. This video material can be accessed online as you work through the modules. It will be shown in class for face to face delivery.
- **Assessment items.** Each unit is completed by fulfilling the assessment tasks. Sometimes this will be a reflective writing task, at other times a quiz and sometimes a more formal written response will be sought. A written response should show clear evidence that you have read and understood the material and that you have accessed the readings.



- **Referencing style.** It is very important that your work is referenced properly. Some notes on APA referencing style appear below. Please refer to them before you begin any written assessment items.
- **Assessment Criteria.** The criteria for assessment are outlined at the end of the Introductory document for each Module. You should refer to them whenever completing any of the assessment items. Note that you are assessed as “Competent” or “Not Yet Competent”. You do not have to be perfect, but you do need to demonstrate you have mastered the material in order to be assessed as “Competent”.
- **Note:** You should not progress to the next section of a unit until you have completed the worksheets attached to the current section. You should not progress to the next unit until all assessment items from the current unit have been completed and submitted.

